





## A FREE PARENT ENGAGEMENT WORKSHOP open to ALL Mullica Township School District Parents and Guardians to introduce our 21stCCLC Mullica ACES social-emotional program.

## January 20, 2021 - 5:30 - 7 PM

## **BODY - COMMUNITY** MIND HEALTH - WELLNESS DIGITAL CONSCIOUSNESS & SOCIAL MEDIA AWARENESS

kid-grit is a holistic approach to developing the next generation of mindful leaders. kid-grit is where social-emotional learning, youth development, and character-education meet. Parent and adult participants will experience the kid-grit "Holistic Wellness Wheel", a personal assessment through the lens of a "life satisfaction survey". The Holistic Wellness Wheel activity is aligned to a research-based framework developed by the Collaborative for Academic, Social, and Emotional Learning (CASEL.ORG).

Sign-up link (to receive a Zoom program invite) https://forms.gle/VCwbiFDE1i3kf6Mg9



www.kid-grit.com

